

If you are working with a large spreadsheet and you are moving around it you may find that the headings disappear from view as you scroll down and/or across. You can prevent this from happening by freezing the panes.

## How do I freeze/unfreeze a pane?

- Select the cell BELOW and to the RIGHT of the cells you wish to freeze.
   Click to display
- E
   G
   Monthly
   Freeze Pares
   Freeze
   Freeze
- the 'View' ribbon.
  3. Click the 'Freeze Pane' drop down menu button.
- Click 'Freeze Panes'.
   OR

Click 'Freeze Top Row/First Column'.

To unfreeze your rows/columns repeat the steps above choosing 'Unfreeze'.

In the example opposite cell B4 is selected. If 'Freeze Panes' was chosen column A and rows 1-3 would be 'frozen'.

	A	B	C	0
1		Hours Worked - Jan		
2		Week1	Week2	We
3				
4	Robin Scherbatsky	15	30	1
5	Sheldon Cooper	20	35	3
6	Kitty Walker	35	19	3
7	Barney Stinson	25	24	2
8	Leonard Hofstadter	22	25	3
9	Kevin Walker	23	30	2
10	Lily Aldrin	15	32	2
11	Addison Montgomery	25	25	2
12	Cristina Yang	26	17	2
12	Maradith Crow	10	25	4

No matter how much you scroll down or across the column

titles (Hours Worked, Week (Rows 1-3)) and the staff names (Column A) will always appear along the top and down the side of the worksheet.



Available during office hours. For critical support at other times refer to the out-of-hours phone list.

Part of the 'How do I...' series of helpsheets. For more, visit ictsupport.key.org.uk